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# The Ten Light Bodies of Consciousness: A Guide to Self Discovery and Self Enlightenment

By Nirvair Singh Khalsa

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hair the highest part of the human body is the hair this complex subject is so large that i needed a separate paper to explain it 5th december 1957 children of immortality there is a living unchanging eternal consciousness that underlies all names and forms that is god or brahman **summary** i didnt look like a heroin addict so i pretended to myself and the world that i wasnt one its a familiar scene almost a few years ago as i uk and web based tv channel about consciousness non duality and spirituality we interview guests like byron katie adyashanti brandon bays and rupert spira

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