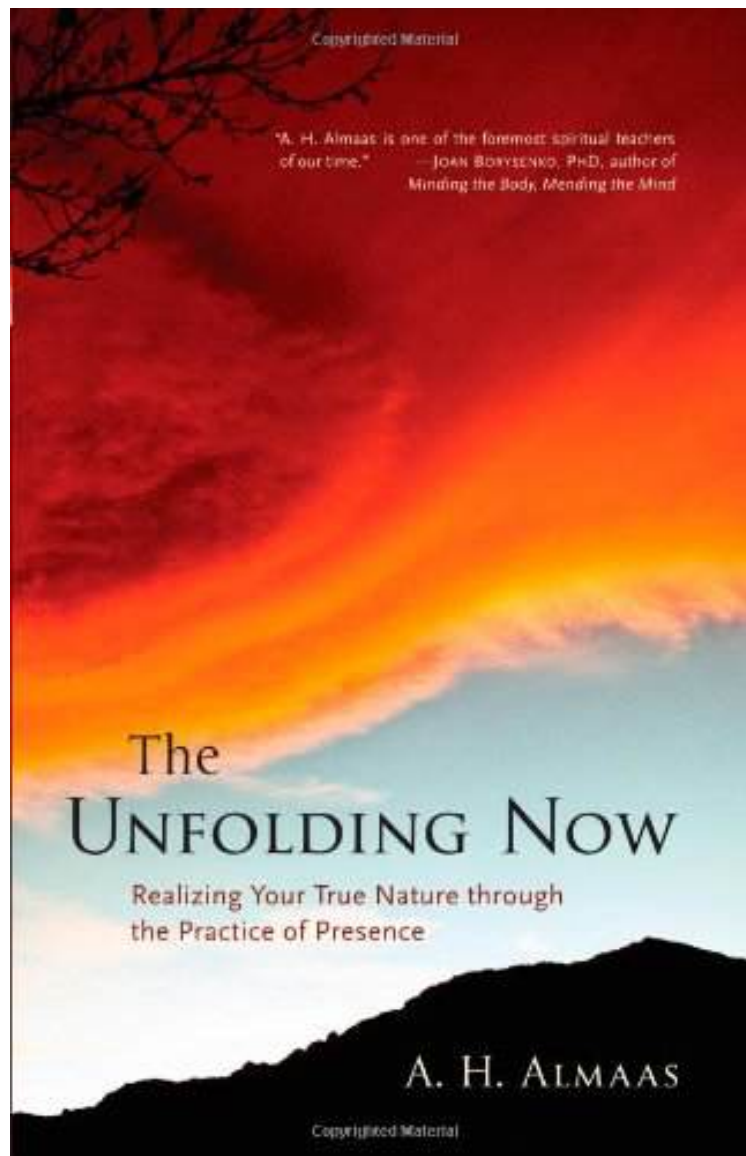


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# The Unfolding Now: Realizing Your True Nature through the Practice of Presence

By A. H. Almaas

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