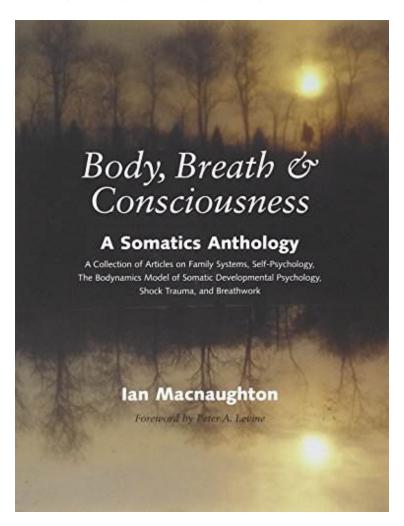
Body, Breath, and Consciousness: A Somatics Anthology

From Ian Macnaughton
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