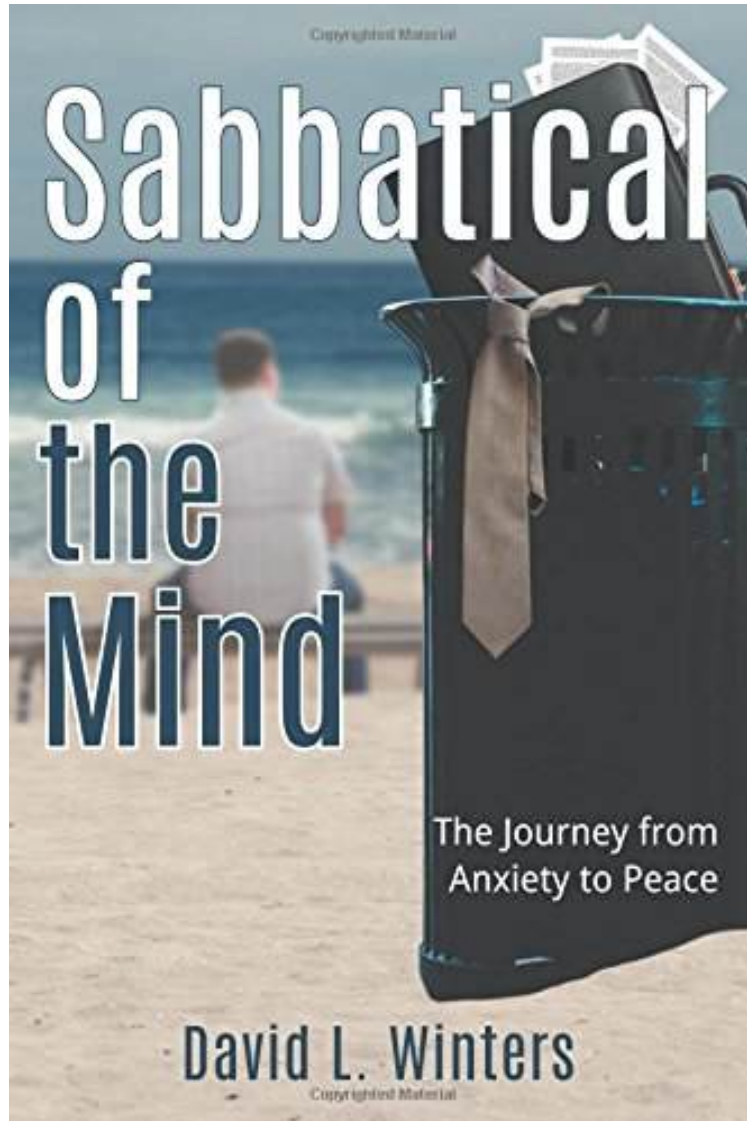


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Sabbatical of the Mind: The Journey from Anxiety to Peace

By David Winters

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