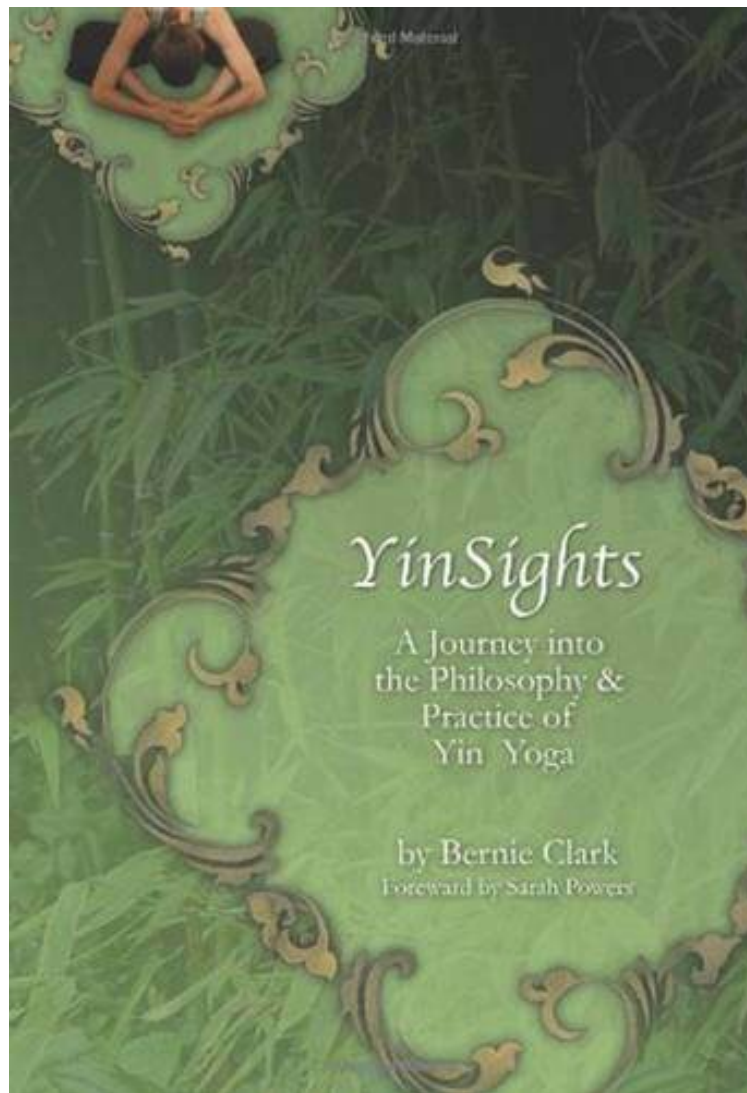


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## YinSights: A Journey into the Philosophy & Practice of Yin Yoga

By Bernie Clark

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