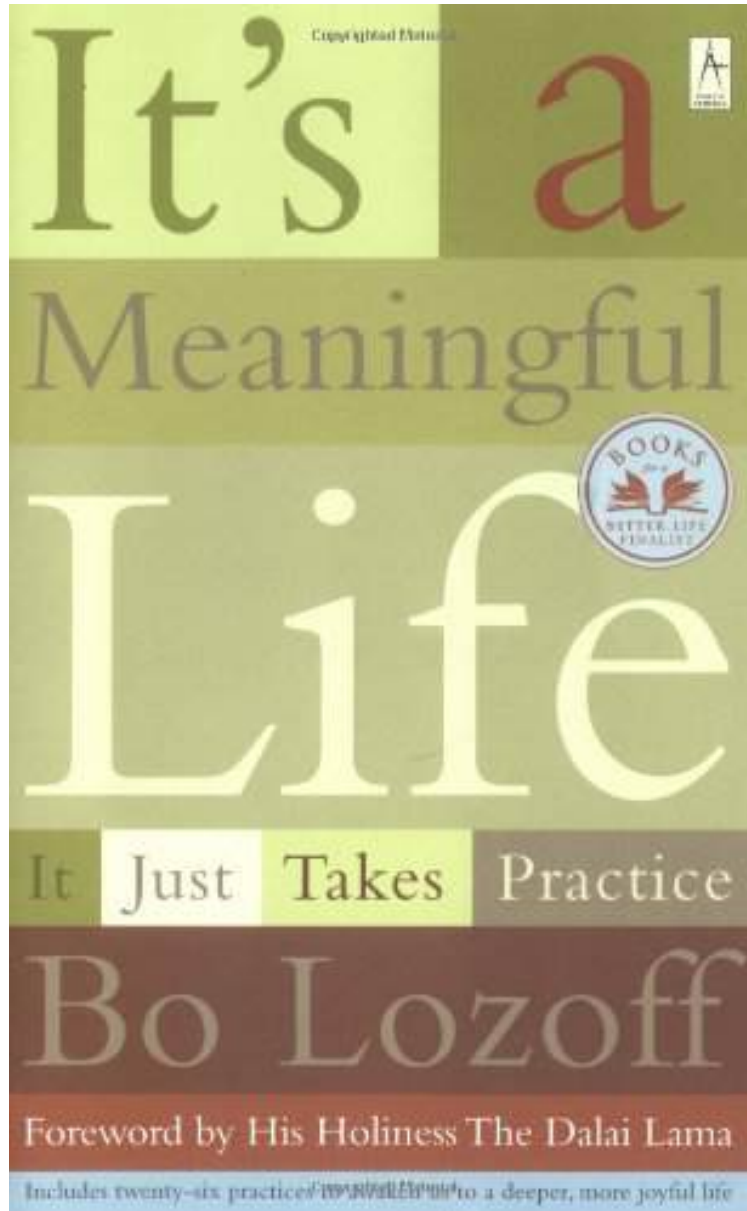


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## It's a Meaningful Life: It Just Takes Practice

By Bo Lozoff

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