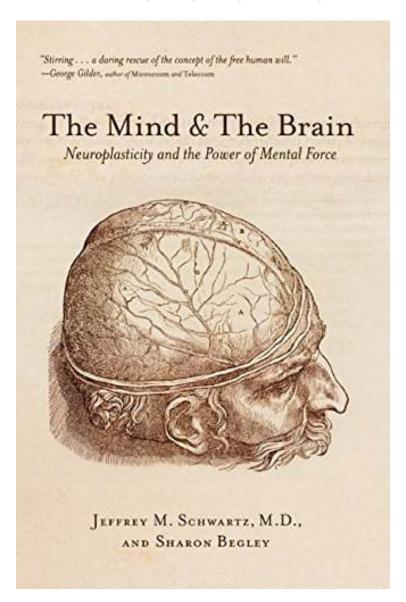
The Mind and the Brain: Neuroplasticity and the Power of Mental Force

By Jeffrey M. Schwartz MD, Sharon Begley
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The Mind and the Brain: Neuroplasticity and the Power of Mental Force:

5 of 5 review helpful Mind Equals Brain Fails By Elwood D Baas Neuroplasticity Changing the physical brain by using the mind itself nbsp Rewiring the brain by conscious activity nbsp Tracing the author rsquo s path on how how he came to his conclusions over the years is interesting in its own right 1 He was well aware of William James 1900 who wrote on the ldquo mind and the brain rdquo and A groundbreaking work of science that confirms for the first time the independent existence of the mind ndash and demonstrates the possibilities for human control over the workings of the brain Conventional science has long held the position that the mind is merely an illusion a side effect of electrochemical activity in the physical brain Now in paperback Dr Jeffrey Schwartz and Sharon Begley s groundbreaking work The Mind and the From Publishers Weekly Schwartz A Return to Innocence a UCLA psychiatrist and expert on treating patients with obsessive compulsive disorder OCD teams up with Begley a Wall Street Journal science columnist to explore the mind brain dichotomy and to discu

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